

SUSTAINABLE DEVELOPMENT GOALS QUIZ

GOAL 1. NO POVERTY

What accounts for the majority of out-of-pocket payments for health in the WHO European Region, sometimes pushing people into poverty?

- Acute or emergency care
- Medicines/pharmaceuticals
- Hospital stays

GOAL 4. QUALITY EDUCATION

What percentage of European countries have a health promoting school policy included in the national education policy?

- 30%
- 62%
- 78%

GOAL 7. AFFORDABLE & CLEAN ENERGY

Which energy-efficient forms of active transport reduce rates of obesity, diabetes, coronary heart disease, stroke and traffic injuries?

- Cycling
- Walking
- All of the above

GOAL 10. REDUCE INEQUALITIES

In 2014, 73% of men in the European Region were in full-time employment, compared to what percentage of women?

- 41%
- 51%
- 61%

GOAL 13. CLIMATE ACTION

What were the deadliest extreme weather events in 1991–2015 in Europe?

- Floods
- Heat waves
- Earthquakes

GOAL 16. PEACE & JUSTICE

Human rights violations, along with widespread stigmatization and discrimination, continue to hinder access to health services in the WHO European Region for which 3 diseases?

- Viral hepatitis, HIV and TB
- Cardiovascular disease, diabetes and chronic respiratory diseases
- Measles, mumps and rubella

GOAL 2. ZERO HUNGER

What percentage of infants, on average, are exclusively breastfed during the first 6 months of life in European countries?

- 13%
- 68%
- 75%

GOAL 5. GENDER EQUALITY

What proportion of women in the WHO European Region experience intimate partner violence during their lifetime?

- 1 in 20, 5%
- 1 in 10, 10%
- 1 in 4, 25%

GOALS. DECENT WORK & ECONOMIC GROWTH

One extra year of life expectancy has been shown to raise gross domestic product (GDP) per capita by how much?

- 1%
- 4%
- 7%

GOAL 11. SUSTAINABLE CITIES & COMMUNITIES

How many people die each year in the WHO European Region due to air pollution?

- 300 000
- 600 000
- 900 000

GOAL 14. LIFE BELOW WATER

Which European diet, recommended as a healthy diet to follow, has lean and fatty fish at its centre?

- Nordic diet
- Paleo diet
- Gluten-free diet

GOAL 17. PARTNERSHIPS FOR THE GOALS

Who is responsible for achieving the Sustainable Development Goals?

- Policy-makers
- Civil society
- Everyone has a role to play in achieving the Sustainable Development Goals

GOAL 3. GOOD HEALTH & WELL-BEING

By how many years has life expectancy in the WHO European Region risen in the past 20 years?

- 2.2 years
- 3.7 years
- 4.6 years

GOAL 6. CLEAN WATER & SANITATION

How many people in the WHO European Region lack access to a basic drinking-water source?

- 14 million
- 22 million
- 6 million

GOAL 9. INDUSTRY, INNOVATION AND INFRASTRUCTURE

What percentage of countries in the WHO European Region has a national electronic health (eHealth) policy or strategy?

- 20%
- 50%
- 70%

GOAL 12. RESPONSIBLE CONSUMPTION AND PRODUCTION

The activities of health systems put pressure on the environment in which of these ways?

- By generating hazardous and conventional waste, as well as wastewater
- By consuming resources, e.g. water and energy, and producing greenhouse gas emissions
- All of the above

GOAL 15. LIFE ON LAND

What have studies shown to be the health benefits for people living in urban areas with more green space?

- Reduced level of stress
- Lower likelihood of having type 2 diabetes
- All of the above

+ BONUS +

How long has WHO been working to achieve its objective of, as stated in the WHO Constitution, "the attainment by all peoples of the highest possible level of health"?

- 50 years
- 60 years
- 70 years

SUSTAINABLE DEVELOPMENT GOALS QUIZ - ANSWERS

GOAL 1. NO POVERTY

What accounts for the majority of out-of-pocket payments for health in the WHO European Region, sometimes pushing people into poverty?

Medicines/pharmaceuticals

Source: SDG fact sheet – Access to essential medicines, vaccines and health technologies (2017)

GOAL 4. QUALITY EDUCATION

What percentage of European countries have a health promoting school policy included in the national education policy?

62%

Source: Schools for Health in Europe: Fact sheet on health promoting schools

GOAL 7. AFFORDABLE & CLEAN ENERGY

Which energy-efficient forms of active transport reduce rates of obesity, diabetes, coronary heart disease, stroke and traffic injuries?

All of the above

Source: Health 2020: transport and health (2015)

GOAL 10. REDUCE INEQUALITIES

In 2014, 73% of men in the European Region were in full-time employment, compared to what percentage of women?

51%

Source: Women's health and well-being in Europe: beyond the mortality advantage (2016)

GOAL 13. CLIMATE ACTION

What were the deadliest extreme weather events in 1991–2015 in Europe?

Heat waves

Source: Climate change adaptation and disaster risk reduction in Europe (EEA Report) (2017)

GOAL 16. PEACE & JUSTICE

Human rights violations, along with widespread stigmatization and discrimination, continue to hinder access to health services in the WHO European Region for which 3 diseases?

Viral hepatitis, HIV and TB

Source: SDG fact sheet – HIV (2017)

GOAL 2. ZERO HUNGER

What percentage of infants, on average, are exclusively breastfed during the first 6 months of life in European countries?

13%

Source: Better food and nutrition in Europe: a progress report monitoring policy implementation in the WHO European Region (2017)

GOAL 5. GENDER EQUALITY

What proportion of women in the WHO European Region experience intimate partner violence during their lifetime?

1 in 4, 25%

Source: Women's health and well-being in Europe: beyond the mortality advantage (2016)

GOAL 8. DECENT WORK & ECONOMIC GROWTH

One extra year of life expectancy has been shown to raise gross domestic product (GDP) per capita by how much?

4%

Source: Working for health and growth. A report from the High-Level Commission on Health Employment and Economic Growth (2016)

GOAL 11. SUSTAINABLE CITIES & COMMUNITIES

How many people die each year in the WHO European Region due to air pollution?

600 000

Source: Fact sheet – Air pollution. Better air for better health (2017)

GOAL 14. LIFE BELOW WATER

Which European diet, recommended as a healthy diet to follow, has lean and fatty fish at its centre?

Nordic diet

Source: What national and subnational interventions and policies based on Mediterranean and Nordic diets are recommended or implemented in the WHO European Region (...) (2018)

GOAL 17. PARTNERSHIPS FOR THE GOALS

Who is responsible for achieving the Sustainable Development Goals?

Everyone has a role to play in achieving the Sustainable Development Goals

Source: Partnerships and intersectoral action for the SDGs

GOAL 3. GOOD HEALTH & WELL-BEING

By how many years has life expectancy in the WHO European Region risen in the past 20 years?

4.6 years

Source: European Health Report (2018)

GOAL 6. CLEAN WATER & SANITATION

How many people in the WHO European Region lack access to a basic drinking-water source?

14 million

Source: Fact sheet – Water, sanitation and hygiene (2017)

GOAL 9. INDUSTRY, INNOVATION AND INFRASTRUCTURE

What percentage of countries in the WHO European Region has a national electronic health (eHealth) policy or strategy?

70%

Source: Third global survey on eHealth (2015)

GOAL 12. RESPONSIBLE CONSUMPTION AND PRODUCTION

The activities of health systems put pressure on the environment in which of the following ways?

All of the above

Source: Environmentally Sustainable Healthy Systems: a strategic document (2017)

GOAL 15. LIFE ON LAND

What have studies shown to be the health benefits for people living in urban areas with more green space?

All of the above

Source: Urban green space interventions and health. A review of impacts and effectiveness (2017)

+ BONUS +

How long has WHO been working to achieve its objective of, as stated in the WHO Constitution, "the attainment by all peoples of the highest possible level of health"?

70 years

Source: Constitution of the World Health Organization (1946)